



Pumpkins: A Family Tradition

By Sandi Schwedler, TCNP, Senior Buyer

North Haven Gardens is proud to partner with Pumpkin Pyle, a small, family-owned business in Floydada, Texas that's supplied our pumpkins since 2012. The Pyle family started growing pumpkins 25 years ago on 15 acres of land, and have since grown to cultivate 617 acres across 17 fields in Floyd County. Their selection changes yearly based on unique

varieties they discover and which have thrived best in north Texas. This works perfectly for us, as NHG loves to offer the coolest, newest and tastiest selections—did I say tasty? Yes! All of the pumpkins and gourds we sell are not only beautiful; they're edible (and delicious!) as well. Visit our Pinterest page for staff picks and inspiration for the many culinary uses

of pumpkins and gourds.

Our first truckload arrives in mid-September, and it's our favorite signal that fall is upon us and sweater weather is just around the corner. We hope you'll plan to join us during this happy season!

Top: One Too Many and Cinderella. Below left to right: Pump-Ke-Mon, Mini Orange, Crystal Star, Millionaire, Monster Gourds, Speckled Hound, Jarrahdale.



Fall is for “Foodie” Gardeners: Here’s Why

By Cody Hoya, TCNP, General Manager



NHG’s Chef Roe Dileo understands flavor, and the team at NHG understands gardening. It’s a match made in heaven, and fall is the perfect time to focus on some foodie favorites—both outdoors and in the kitchen.

With autumn upon us, we’re preparing to plant some of our favorite and most flavorful culinary crops such as garlic, parsley, cole crops and saffron crocus. Another bonus? Now is the time when many gardeners are harvesting the fruits of their summer gardens, including pumpkins, squash, fruit and more. We asked Chef Roe to give us her insights on marrying all of this garden bounty:

“Garlic is the missing link in so many dishes”

On garlic (planted in October): “Garlic is the missing link in so many dishes” says Chef Roe; “it gives food that ‘crescendo’ of flavor and its value crosses all international lines: it’s truly a global flavor.” NHG brings in organic ‘softneck’ varieties for planting: try ‘Inchelium Red’—a national taste test winner in the softneck category that’s considered mild at harvest but increases in pungency as it cures. When asked about parsley, Chef Roe notes “...it’s too often used as a garnish! I really think that parsley, with its earthy, grassy-green flavor, is among the most underappreciated and underutilized herbs.” NHG patrons tend to be big fans of it, though, and we expect weekly

fresh crops of both flat-leaf and curly-leaf parsley throughout fall. If you haven’t tried saffron crocus (*Crocus sativus*) in your garden, you might reconsider. The golden-orange threads of the prized spice are actually the stigmas (female portion) of the diminutive purplish flowers. However, use them carefully: “...saffron isn’t a spice that I would sprinkle directly onto foods...” says Chef Roe, who recalls working in kitchens where the head chef would keep it locked up; “...it’s best to allow the threads to ‘bloom’ in a stock, and use that stock as a flavorful base for all kinds of soups, from vegetable to even chicken noodle.” We noted that in addition to the leafy greens we plant in fall, cole crops like Brussels sprouts are preparing to go into the ground. “Bacon and Brussels sprouts!” exclaims Chef Roe, adding that the simple, but hearty dish is one of her all-time favorites. Her delicious tip?

“Fry the bacon until it’s crisp and caramelize the Brussels sprouts in the rendered fat before tossing together.” Sounds heavenly. Parting words? **It’s pumpkin time, folks!** NHG becomes ‘Pumpkin Paradise’ at this time of year, and Chef Roe advises holding on to those delicious seeds when you carve yours. Toasted, lightly salted and sprinkled on salads or hearty soups, they’re the perfect complement for your favorite fall flavors.



Learn @ Lunch

\$14 every 3rd
Thursday 12-1pm
Register now
[@NHG.com](https://www.nhg.com)

Beautiful Bulbs
Thursday,
September 15

Shady Solutions
Thursday,
October 20



Visit NHG.com for class and event details

September - October 2016



Plant



Landscapers + Homeowners Fall Meet & Greet

Looking to improve your landscape? Join us for this opportunity to meet local professionals.

Saturday, September 10
9:30-11:30am **Free**



Urban Trees

Become familiar with the best trees for urban use with Michael Parkey, ASLA. **Saturday, October 22**

1:30-3pm **Free**



Pollinator Garden Certification

Find out how to get your garden certified as pollinator-friendly!

Saturday, October 22
3:30-5pm **Free**

Cultivate



Dog Rescue Happy Hour

Enjoy a drink and benefit local adoption agencies while you shop for fall décor. Donations and leashed pets welcome.

Friday, September 23
5-7pm



Oktoberfest Beer Tasting

Celebrate autumn with local craft beer samples and sausage.

\$20; \$15 early bird ticket before October 14th.
Saturday, October 22
4-7pm



Fall Chicken Conference

Flock to NHG to learn from local chicken enthusiasts and professionals. \$20; \$15 early bird ticket before October 7th.

Saturday, October 15
1-5pm

Create



Photography Workshop: Close Up and Personal

Learn to create powerful images of nature's wonders with photographer Irwin Lightstone. \$55

Saturday, September 24
1:30-4:30pm



Painting Workshops

Paint an impressionist landscape and enjoy a glass of wine in our Gallery with artist Melanie Brannan. \$65 per.

Sunday, September 25, 2-4pm and
Sunday, October 23, 2-4pm



Fall Watercolor Workshop: Ornamental Peppers

Explore the range of the autumnal palette and enjoy a glass of wine in our Gallery with artist Marian Hirsch. \$50

Sunday, October 16
2-4pm

Nurture



Monarchs & More

Attract more than just the celebrated monarch to your garden with Dale Clark.

Saturday, October 1
1:30-3pm **Free**



Texas Owls and Raptors Flight Show

Join Window To The Wild for this educational bird experience. \$15; \$10 early bird ticket before October 16.

Sunday, October 30
1-2pm



The Beneficial Bat

Peek into the habits and benefits of this little-known pollinator.

Saturday, October 29
10-11am **Free**

NORTH HAVEN *Gardens*



Garden Center + Art Gallery + Café

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Save the Date!

Holiday Art & Gift Market

Saturday, December 3
4-8pm



7700 Northaven Road, Dallas, TX 75230 214-363-5316 nhg.com



Nature's Dance by Douglas Winters III

The
Gallery
at North Haven Gardens



Visions of the Natural World: Diverse Perspectives from Six Local Artists

Mingle with art and garden lovers while viewing the latest work on display at our opening reception: **Friday, September 9, 5-7pm.**