

# Fruit and Nut List

Chill hours are the total hours annually between 32° F and 45° F. Dallas/Ft. Worth gets an average of 750-850 chilling hours.



Cultivar	Height	Harvest	Description
<b>Almond</b>			
'Hall's Hardy'	15'-20'	Sep-Oct	Medium sized hard-shelled almond, with a delicious sweet kernel. The tree has beautiful, profuse pink blooms; is a heavy bearer, and very cold hardy. Needs a pollinizer. Ripens in October. 800 chill hours
'Texas Mission'	10'-15'	Sep-Oct	The small-to-medium sized tree with a spreading, open canopy usually grows 10-15 ft. It has a showy white bloom which produces a wonderfully sweet nut. The Texas Mission needs a pollinizer. Requires at least 500 chill hours.
<b>Apple</b>			
'Mollie's Delicious'	20'-30'	Jul-Aug	Very large apple with light yellow skin that has a red blush. Firm, juicy yellow flesh is sweet, mild and crisp. Excellent quality and stores well. Tolerates heat and humidity. Pollinator recommended (Granny Smith). 400 chill hours.
'Gala'	15'-20'	Sep	Beautiful, small fruit striped red-orange on golden yellow. Slightly grainy, crisp, and sweetly tart flesh with excellent flavor for fresh eating. Delicious sliced in salads and in sandwiches. Needs a pollinator. 550 chill hours.
'Fuji'	15'-20'	Sep-Oct	A firm medium-sized fruit with white flesh on one of the best trees for southern summer heat! Fruit stores at room temperature for 2 to 3 weeks. Fertilize spring and fall. Needs a pollinator. 350-400 chill hours.
'Winesap'	12' - 20'	Oct-Dec	A large to medium sized apple with a dull red skin. Crisp texture and a tart-wine flavor. Fruit ripens for harvest in the fall. Needs a pollinator. 400 chill hours
'Anna' Semi-Dwarf	8'-10'	Jun-Jul	Heavy crops of greenish red apples with a crisp, sweet, creamy flavored flesh. Requires a pollinator. Try a 'Granny Smith' or a 'Wine Sap' as a pollinator. 200 Chill Hours
'Red Delicious' Dwarf	10'-15'	Sep-Oct	A nice small orchard tree. Delicious red fruits are great for eating fresh, baking and preserving. Best production with a pollinator.
<b>Apple-Urban</b>			
'Tangy Green'	8'-10'	Jun	These columnar apples have a bottle brush shape, short branches, grow straight up and are only 2' wide. Normal sized tangy green apples, fruiting in the the 1st year planted. Two varieties needed for cross pollination.
'Tasty Red'	8'-10'	Jun-Jul	Very narrow, densley branched tree grows to only 2 ft wide. Produces bright red, sweet, juicy fruits. Fantastic right off the tree.
'Golden Treat'	8'-10'	Jun	A greenish-gold fruit whose flesh is tart at first, but sweetens the longer it remains on the tree. Great fresh or in pie. Excellent choice for the urban orchard.
'Blushing Delight'	8'-10'	Jun-Jul	Narrow, densley branched tree yields a flush of sweeter, reddish green fruits. Good for pie or fresh from the tree. 800+ chilling hours.
<b>Apricot</b>			
'Moorpark'	20'-30'	Jun-Jul	Medium to large, brownish-red skin with firm, brightly colored flesh. Fruit is juicy and sweet. Good for pies, eating and preserves. Can be pruned to 15'. Self-fertile. 600-700 chill hours.
'Tilton'	6'-8'	Jun	Resistant to sunburn and brownrot, this self-fertile variety produces medium to small fruit, excellent for canning or eating out-of-hand. 700 chill hours.
<b>Avocado</b>			
'Joey'	20'-30'	Sep-Oct	Heavy producer of medium-sized, egg-shaped fruit with purple-black skin and excellent flavor. Requires protection from the cold when young. Trunks of young trees susceptible to sunburn.
<b>Blackberry</b>			
'Prime Jim'	3'-4'	Jun-Jul	This variety will produce fruit on first-year canes! Medium-sized, firm berries are ideal for home garden use. Offers an extended harvest from mid-June through frost.
'Apache'	5'-8'	Jun-Jul	Vigorous and disease resistant variety produces high yields, large fruit and is 4'-8' wide. Average harvesting season is four weeks starting mid-May. Excellent for jams, jellies and pies. Self-fertile, but benefits from a pollinator.

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'Rosborough'	4'-6'	May	Very hardy improved variety of Brazos developed by Texas A&M. Heavy producer of small-seeded semi-sweet fruit. Upright growth habit. Self-fertile.
'Arapaho'	Erect	May	A thornless blackberry variety that has large, firm fruit with small seeds. This is the earliest ripening of Blackberry varieties, Ripens early May. Self-pollinating, but benefits from a pollinator.
'Kiowa'	4'-6'	Jul	Kiowa produces a bounty of very large, firm, high quality berries with a tart yet sweet flavor. Ten berries can fill a half pint container! Excellent for jelly-making and pies. Low Chill requirements--200 hours! Provide good drainage and ample moisture.
'Brazos'	4'-6'	May	Brazos is an erect, thorned blackberry produced by Texas A&M. Its healthy canes produce high yields of large fruit. The acid-flavored fruit is recommended for cooking rather than eating fresh. Harvest in May.
<b>Blueberry</b>			
'Tifblue'	8'-10'	Jul	Dependable production with a large, light blue, flavorful berry. Cold hardy. Also wonderful as an ornamental hedge. Requires a pollinator. Harvest in July. 550-700 chill hours
'Woodard'	8'-10'	Jun	Early ripening, large, light blue fruit. The bush is moderately vigorous and the fruits are very high-quality. Woodard is a must-have variety in any planting. Must have acidic soil for success. Requires a pollinator (Tifblue).
'Climax'	8'-10'	May-Jul	Pretty shrub with blue-green foliage and tasty blue berries in summer. Requires acidic, well drained soil. Will grow in a partially shaded condition. Good plant for a large container. Berries are great eaten fresh or used for cooking, freezing, or preserves.
'Premier'	6'-8'	Apr-May	Flavorful medium-sized berry. This vigorous shrub is well adapted to hot, humid summers. Nice fall color. Will produce best with a pollinator.
'Bountiful Blue'	3'-4'	Jun-Jul	Compact, rounded habit is perfect for use in the landscape or large containers. Blue tinged foliage with pink-blushed white flowers, produce a crop of large, sweet, juicy berries. Self fertile, 150-200 chill hours. Semi - evergreen in mild climates.
<b>Calamondin</b>			
Calamondin	6'-8'	Sep-Oct	Produces large quantities of a 1 inch fruit that resembles a small tangerine. They are very acidic, but can be used in marinades and to flavor beverages. The compact trees have waxy green foliage and are a great container specimen.
<b>Cherry</b>			
'Montmorency'	15'-20'	Jul	Most popular of the sour cherries. Large, red, high quality fruit with yellow flesh. Very hardy and disease resistant with heavy fruit production. Excellent sour cherry for canning and pies. Self-fertile. 900-1000 chill hours.
'Royal Lee'	10'-15'	Jun-Jul	Royal Lee can begin producing within 1 year after planting. Bright red fruit with high sugars, crunchy texture, and great flavor. Plant next to 'Minnie Royal' cherry for cross pollination. 200-300 chill hours.
'Minnie Royal'	10'-15'	Jun-Jul	Minnie Royal medium sized red cherry, firm with good flavor. Use 'Royal Lee' as a pollinator. Low chill cherry. 200 - 300 chill hours.
<b>Fig</b>			
'Brown Turkey'	15'-20'	Jun	Also known as 'Texas Everbearing,' this fig with medium to large fruit with purplish-brown skin has rich, amber-pink flesh. Reliably good, sweet flavor best eaten fresh. Produces partially closed eye fruit late spring and late summer, with an outstanding winter hardiness. All figs are self fertile.
'Celeste'	15'-20'	Jun	Produces many small to medium-sized figs that ripen to green flushed with violet with white flesh that's firm, juicy and very sweet. Most cold hardy fig. Good preserved and fresh. Figs are self fertile.
'Mission'	15'-20'	Jun-Jul	It is a medium to large, pear shaped, purplish-black fig. The flesh is strawberry colored with excellent flavor. Many experts consider the Black Mission Fig Tree to be the best all-around variety for the south, north, coast and interior United States.
'Tiger'	15'-20'	Aug-Nov	Aka 'Panache.' This small to medium sized fig gets its name from the beautiful yellow and green striped fruit. The flesh is strawberry colored, very sweet and can be eaten fresh. Ripens late summer into fall. Self fertile.
'Texas Everbearing'	15'-20'	Jun-Jul	Medium-sized and bell shaped with light brown skin. Nearly seedless fruit, with amber flesh and a mild, sweet flavor. Shrubby growth habit. Figs are self fertile. Harvest in late June.
'Kadota'	15'-20'	Sep-Oct	An Italian variety, these ripened fruits have a thick, green-yellow skin. 'Kadota' has an open eye, but usually is sealed with honey. Exceptionally sweet creamy amber flesh. The high sugar content makes this a favorite variety for preserves, if fruit is peeled. Sometimes producing a fall crop, the tree should be protected from extreme cold. All figs are self fertile.
Fig 'LSU Purple'	10'-15'	Jun	Developed by LSU, this medium sized, red to dark purple fruit has amber to strawberry red flesh. A heavy, early yielder of closed eye fruit in July, they are often followed by a later fall crop. Very mild and sweet, it is great eaten fresh if picked a few days after turning black, wrinkled, and elongated. A vigorous, upright grower, it adapts to container culture, if protected from colder temperatures.

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Fig 'LSU Gold'	10'-15'	Jun	This is a large, unique yellow fig with strawberry colored flesh. Because it has an open eye, fruit should be picked as soon as it ripens. Producing in July to August, the fruit has an excellent sweet flavor, and are good for eating fresh or preserving. A cross from the 'Celeste' fig, it is an upright vigorous grower with excellent cold resistance, but has a bit more visible branching.
'Chicago Hardy'	15'-20'	Jul-Aug	Also known as Bensonhurst fig, this high yielding, very cold hardy, multi-trunked tree can survive freezing temperatures, below 20 degrees tree dies to the ground and resprouts in the spring. The fruit is medium-size, with dark purplish-brown skin, deep red interior and a sweet, rich flavor. Fruit ripens in late summer. Best eaten fresh. Self fertile. Mulch in winter.
'Magnolia'	10'-15'	Jul-Aug	Magnolia figs produce bronze colored, golf ball-sized fruit with open eye. This fig was cultivated on Southern Texas fig plantations since the early 1900s. Fruit is best used for canning or preserving. Pick just before ripening and use in preserves, or for baking and canning. Flesh is red, plenty rich, and sweet.
<b>Grape</b>			
'Blanc duBois'	4'-6'	Jun-Jul	Considered one of the best white grape varieties for the southern U.S. Very vigorous, hardy, disease resistant, large cluster grapes often used for making white wines and champagnes. Large, white grapes ripen early in the season. Upright growth habit. These grapes ripen mid-season. Performs well in North Texas.
'Black Spanish'	4'-6'	Jul-Aug	Large clusters with small, black, seeded berries. Very vigorous, hardy, disease resistant grapes perfect for making red wine, jelly and juice. Thin skinned, dark purple grape with tender, juicy flesh. Heavily productive vines ripen late July-early August. Performs well in Dallas. 150-200 chill hours.
'Champanel'	4'-6'	Jul	Extremely well adapted to Texas. Produces large dark purple grapes that are excellent eaten fresh or made into wine, juice and jellies. 150-200 chill hours.
'Scuppernong'	6'-8'		Scuppernong grapes are native to the SE United States & have been cultivated for over 400 years by Native Americans (Scuppernong means 'Sweet Bay' in the Algonquin Indian's tongue.) These plump, round, green to bronze fruits bear a thick, tart skin and viscous, light, sweet pulp prized for juicing and making wine. Plant with a self-pollinating variety.
'Carlos Muscadine'	20'-30'	Jun-Jul	The Carlos Muscadine is self-fertile with a medium sized good quality bronze colored fruit. Ripens early-mid season. It leaves a clean scar on the fruit and is very productive. Excellent for making wine.
'Cowart Muscadine'	20'-30'	Jun-Jul	The Cowart Muscadine is a black grape with an excellent flavor. The vine is very vigorous and produces many large clusters of medium size fruit. Ripens early season.
'Reliance'	4"-6"	Jun-Jul	Reliance is a medium sized -grape, table sized. Reliance is one of the best tasting red seedless grapes. Great for eating fresh and for juice. Disease resistant.
<b>Grapefruit</b>			
'Rio Red'	8'-12'	Oct-Nov	Spherical seedless fruit has red flesh that is less tart. Peels have a reddish hue as well. It is self-fertile and should be grown in a container here in Dallas. An excellent addition to the edible home garden.
<b>Lemon</b>			
'Improved Meyer'	8'-10'	Sep-Oct	Easy for container growing, natural hybrid of a sweet orange and a lemon. Juice is sweeter than most lemons. Disease resistant. Must winter indoors.
'Eureka'	10'-15'	Nov-Dec	A large, acidic lemon with yellow skin and flesh and a thick pithe. Has few seeds. Great for slicing, squeezing, zesting, or pie-making! Feed regularly with a balanced food like Citrus Tone.
<b>Lime</b>			
'Mexican Lime'	10'-15'	Sep-Oct	A small to medium sized upright growing tree. Fruit has thin rind & yellows to maturity. Enjoy fruit fresh or juiced; once ripe fruit does not keep well. Zone 9- 10. Protect from freeze.
<b>Olive</b>			
'Arbequina'	15'-20'	Nov	The Arbequina Olive tree rates high among olive connoisseurs because of it's small size, good resistance to frosts and a high adaptability to different climates and soils (including poor ones).
<b>Peach</b>			
'White Zest One'	15'-20'	Jun	New Texas A&M introduction. 'White Zest One' is a white fleshed, tangy-sweet, semi-freestone peach that yields in mid-June. Needs 550 chill hours.
'Ranger'	15'-20'	Jun-Jul	Large, bright red-skinned freestone with sweet, yellow flesh. Very cold hardy and must be thinned to ensure large fruit. Fragrant pink flowers in spring. Self fertile. 800 chill hours.
'Ranger' Dwarf	10'-15'	Jun	Small growth habit. Large, bright red-skinned freestone with sweet, yellow flesh. Very cold hardy. Must be thinned to ensure large fruit. Fragrant pink flowers in spring. Self fertile. 900 chill hours.
'Flat Delight Two'	15'-20'	May-Jun	New Texas A&M Introduction. Flat Delight Two is a low acid, donut-shaped, yellow fleshed peach with a sweet taste and melting texture. Ripens in late May. Needs 550 chill hours.
'Belle of Georgia'	15'-20'	Jun-Jul	Combines good yields, hardiness and disease resistance. Sets rosy freestone peaches with juicy white flesh. Ripens in August. Self-pollinating. 800 chill hours.
'Bonanza' Dwarf	4'-6'	Jun-Jul	A true dwarf, making it easily accessible to pruning, spraying and harvesting of full sized fruit. Full size yellow and red skinned fruit with yellow freestone flesh ripens mid to late June. 250 chill hours.

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Cultivar	Height	Harvest	Description
'June Gold'	15'-20'	May-Jun	Heavy bearer of semi-freestone peaches. Juicy, golden fruit is perfect for eating out-of-hand. 600 chill hours.
'Bonfire' Dwarf	6'	Jun-Jul	Bonfire is a genetic dwarf, growing to only 6 feet, with showy flowers and reddish new foliage. The fruit is large, freestone with orange-red skin and sweet yellow flesh. Excellent planted in large containers. Midseason bearing. Harvest in Summer. 250 chill hours
'Royal Zest Three'	15'-20'	Jun-Jul	New Texas A&M introduction. Royal Zest Three has a tangy-sweet taste with Yellow flesh and is a semi-freestone peach. Yields in mid June. Needs 550 chill hours.
'Flat Delight Two'	10'-15'	May-Jun	A yellow flesh, very sweet and low acid, doughnut-shaped peach that ripens in late May. Self fertile. 550 chill hours
'White Delight Two'	10'-15'		A semi-freestone, white fleshed peach. Low acidity with a sweet flavor. Ripens in mid-June. Self-fertile. 500 Chill Hours
'Tex Prince'	10'-15'		A tangy-sweet, yellow flesh, freestone peach. Yields in late May. Self fertile. 550 chill hours.
<b>Pear</b>			
'Moonglow'	20'-30'	Aug	A wonderful, large, brownish-green skin pear with mild, juicy flesh and little grit. Bears at early age and is self-fertile. It is fireblight resistant, and an excellent pollinator. 500 chill hours.
'Kieffer'	15'-20'	Sep-Oct	Medium to large fruit. It's gritty texture makes it perfect for canning and cooking. High tolerance to heat and cold, disease resistant and long lived. 300 - 400 chill hours.
'Ayers'	10'-15'	Jun-Jul	An old southern favorite. The fruit are early ripening, yellow with a red blush. The flesh is smooth and melting with a juicy, very sweet flavor, low in grit. Good for eating out of hand, or canning. The tree is vigorous, upright and fire blight resistant. Best with a pollinator. Introduced 1954.  500-700 chill hours
'Orient'	10'-15'	Sep-Oct	A yellow, European pear with mild, juicy flesh, named for its resemblance to the Asian with its smooth texture. Producing in August, it can be eaten fresh or canned. Requires pollination from a European variety, such as 'Bartlett', 'Kieffer', or 'Moonglow'. 400 chill hours.
<b>Pecan</b>			
'Kiowa'	60'+	Sep-Oct	Nuts are large and oblong. Heavy crop of excellent quality nuts. The shell is medium to soft.
'Cheyenne'	40'-60'	Sep-Oct	Cheyenne is a very productive, smaller tree which begins to bear in only 5 to 7 years. Cheyenne pecans have small, light golden halves surrounded by a very thin shell, which makes them easy to crack and shell out.
'Desirable'	60'+	Sep-Oct	Disease resistant variety, well-adapted to Texas. Consistent bearer of medium-large, papershell pecans. Keep moist until well established, then water as necessary and during drought periods.
<b>Persimmon</b>			
'Fuyu'	20'-30'	Nov	Handsome tree with edible fruit and bright fall color. Medium sized persimmons are red with flat cap that ripen in late fall. Non-astringent fruit on a self-fertile tree.
'Hachiya'	20'-30'	Nov	Large, heart-shaped, seedless fruit with bright orange-red skin. Best cooking quality with an astringent taste. Great ornamental tree that's upright and vigorous. Needs a pollinator.
<b>Plum</b>			
'Methley'	10'-15'	Jun	Medium sized, juicy, sweet, red-purple fruit. Excellent fresh and in jams. Beautiful clusters of white flowers in early spring followed by bright green foliage. Self-fertile, can be used as a pollinator. 250 chill hours.
'Santa Rosa'	10'-15'	Jun-Jul	This early season plum is a medium-large, crimson to purplish red, lightly freckled plum with yellow flesh. The fruit is firm, sweet, juicy, and aromatic. Compact vigorous tree. Self pollinating. 450 chill hours.
'Ozark Premier'	15'-20'	Jun-Jul	Cold-hardy selection produces red-skinned fruits with juicy, firm, yellow flesh. Excellent for canning, pies, and eating out-of-hand. 800 chill hours.
<b>Pomegranate</b>			
'Wonderful'	8'-10'	Sep-Oct	Improved fruiting variety makes a beautiful landscape specimen that bears delicious fruit! Upright branches display large orange-red blooms in summer and large, burnished red fruit in early fall. A good source of vitamins and antioxidants.
<b>Raspberry</b>			
'Dorman Red'	3'-4'	Jun	Vigorous variety that produces large, juicy berries with a tart flavor from June until frost. Has demonstrated good resistance to heat, humidity, drought, and disease. Very cold hardy. Self-fertile, fruits on second year canes. Some afternoon shade in summer recommended in North Texas.
'Shortcake'	24"-36"	Jun-Jul	Dwarf, thornless red Raspberry has a rounded growth habit and is perfectly suited to large patio containers. It requires no staking! Self fertile, yielding full-sized, nutritious and super sweet berries in mid-summer. Deciduous.

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Cultivar	Height	Harvest	Description
'Heritage'	6'-8'	Sep	This popular, everbearing cultivar will produce a moderate summer crop, followed by an abundant September harvest of sweet berries on vigorous and sturdy upright canes. Medium-sized berries are firm, juicy, and super-flavorful. Excellent eaten fresh or in jams.
<b>Satsuma</b>			
'Arctic Frost'	6"-8"	Oct-Nov	Small, spreading, hardy Satsuma that is slightly more cold tolerant than other varieties, withstanding temperatures of 10 degrees F. May be grown in large container and can be brought indoors in colder climates. Juicy, nearly-seedless and easy-to-peel fruit ripens in winter.
'Orange Frost'	6"-8"	Oct-Nov	A small, spreading evergreen orange tree cold tolerant to 15 degrees F. Grows 8-10 ft in the ground and 6 ft tall in container. Fruit is brilliant orange and contrasts well with glossy, dark evergreen foliage. Very fragrant flowers in spring. Juicy, nearly-seedless and easy-to-peel fruit ripens in winter.
<b>Tree</b>			
Jujube	10'-15'	Oct	A wonderfully adapted, heat loving, fruiting shrub which tolerates alkali soil. 'Wonderful' has large double orange-red flowers off and on through summer and large tasty fruit in fall. Self-pollinating. 300 chill hours.

**Recommended Resources from our Book Department:**

*The Fruit Gardener's Bible: A Complete Guide to Growing Fruits and Nuts in the Home Garde* by Lewis Hill and Leonard Perry

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Compliments of North Haven Gardens, 7700 Northaven Rd, Dallas, TX 75230, 214-363-5316 [www.NHG.com](http://www.NHG.com)