

# NORTH HAVEN Gardens

## Every Blooming Thing

www.nhg.com

### WINTER CALENDAR OF EVENTS

JAN • FEB • 2009

ALL EVENTS AND LECTURES ARE COMPLIMENTARY UNLESS OTHERWISE NOTED.

#### ~ JANUARY 2009 ~

WED, JAN 14

11 AM · **THE SPRING VEGGIE GARDEN** by Leslie Finical Halleck of NHG. Learn about the best veggie varieties to start now for the spring garden, basic bed prep and growing tips. Homegrown tastes best!

SAT, JAN 17

1:30PM · **INDOOR GARDENS** by NHG Staff. Winter is a great time to get creative with indoor plants from our Greenhouse!

SUN, JAN 18

1:30PM · **STARTING SPRING SEEDS** by Alison Swann, NHG Staff. Get the details on what to plant now and why. Home-grown tastes best! Make 2009 the year you grow your own!

WED, JAN 21

11 AM · **IKEBANA DEMONSTRATION** by Ikebana Creations. Ikebana is a disciplined art form in which nature and humanity are brought together. View a demo, then sign up to take classes by Ikebana Creations throughout the year.

SAT, JAN 24

10:30AM · **BAY LAUREL: THE ARISTOCRAT OF FLAVOR** by Becky Watts of Small Potatoes Catering. Herb Society of America. Fresh Bay Laurel tastes best. Bay Laurel is the 2009 Herb of the Year!

SAT, JAN 24

1:30PM · **STARTING SPRING SEEDS** by Christine Hensley, NHG Staff. Get the details on what to plant now and why. Home-grown tastes best! Make 2009 the year you grow your own!

#### **GARDENING 101:**

##### **START YOUR SPRING GARDEN RIGHT!**

SUN, JAN 25 · 11 AM - 4PM · by NHG Staff. Learn Texas gardening basics! To register call 214-363-5316 or visit [www.NHG.com](http://www.NHG.com) for a registration form. \$45 & includes lunch and all classroom material. \$35 for Grow Card Members. Sign up early, class fills quickly!

#### ~ FEBRUARY 2009 ~

SAT, FEB 7

1:30PM · **ROSE PRUNING DEMO** by Brandon Sorenson, NHG Staff. Learn to properly prune your roses in this quick, easy and thoughtful demo on our patio.

SUN, FEB 8

1:30PM · **NATIVE & ADAPTED PERENNIALS** by NHG Staff. Perennial care basics and excellent varieties to grow in North Texas.

SAT, FEB 14

1:30PM · **ALL ABOUT ROSES** by First Men's Garden Club. Valentine's Day is the perfect day to learn about rose care basics and maintenance. **NHG roses arrive March 7th during Rose Weekend.**

SUN, FEB 15

3PM · **THE IRRESISTIBLE IRIS** by Charlie Russ, Iris Society. View a beautiful slide show on Irises and have all your iris questions answered.

#### SAT, FEB 21 · **LET'S GO ORGANIC!**

Join us for a day of education on all things organic and Eco-Friendly. Meet vendors, local societies and more to find out all the best and most current information to help you go green. Get the details on what to plant now and why.

11:30AM · **WILDLIFE 911** Bonnie Bradshaw tells how to deter critters such as squirrels, raccoons and armadillos from our gardens and homes humanely. [www.911wildlife.org](http://www.911wildlife.org)

12:30PM · **GARDEN GIRL, PATTI MORENO'S, SUSTAINABLE GARDEN** Don't miss this special appearance by Patti Moreno! She'll talk about how we can go organic, be kind to the environment, produce more and consume less! She will be available all day to sign her dvd's and answer questions. [www.gardengirltv.com](http://www.gardengirltv.com)

1:30PM · **THE ORGANIC VEGGIE GARDEN** Victor Peck of the Dallas Zoo, talks about bed prep and what to plant in our vegetable garden and offers all organic solutions. Kid friendly program!  
2:45PM · **PRESERVING & HARVESTING HERBS** Kay Nelson talks about the proper way to clip and store herbs from our garden.

SUN, FEB 22

**MEET THE GARDEN CLUBS DAY** Meet the garden clubs and join one yourself. By joining a garden club, you join a group of like-minded individuals who share your passion for gardening.

SAT, FEB 28

10:30AM · **HERBS FOR THE SHADE GARDEN** by Barbara Gollman, Dallas County Master Gardener. Sponsored by the Herb Society of America. Learn about herbs more adaptable to shady areas.

**ROSE WEEKEND**  
**MARCH 7 & 8 · ALL WEEKEND EVENT!**  
You'll find the best selection of roses and a weekend of Rose Garden education. Get here early! **Details at [nhg.com](http://nhg.com)**

### Go Green in the Garden

~Leslie Finical Halleck, M.S.

I'm sure more and more of you are hearing buzz words like "sustainability" and "eco-friendly" when it comes to gardening. Those terms are broad, hard to define and frankly, mean a lot of different things to different people. So what can you do to go green in the garden? Well, there are some simple ways to take steps towards a more sustainable landscape. Choosing plants that are well adapted to our climate and use less water is a great first step. That doesn't mean the plants you choose have to be "natives". Texas is a big state and what's native to West Texas may not thrive here in Dallas. Buy Local! Support your local independent retailers that provide local products. We grow many of our plants on site and most of our bedding, herbs, vegetables and perennials come from local growers. Consider setting up compost bins. Huge amounts of kitchen waste and yard clippings can be easily recycled in a relatively small space in your landscape. Why throw all that valuable organic matter into the landfill? Use your own compost and our organic line of NHG fertilizers to feed your garden. Using organic fertilizer helps build up your soil naturally without the worry of hurting your garden's eco-system. Our NHG fertilizers are custom blended and manufactured locally. Save money by growing your own herbs and veggies. There's nothing like knowing exactly where your food comes from, especially when it's your own backyard! We can help you get started with some easy mixed veggie containers or teach you how to grow a bigger backyard harvest. Come check out our new Vegetable Display Garden for great ideas.



## Your New Kitchen Garden

~Christine Hensley, TCNP

Would you like to have your very own vegetable garden? It's easy to do in the ground or in a pot if you just follow a few simple guidelines.

- Your plants must receive at least **6 hours of direct sunlight per day**. 6 hours is the minimum amount of sunlight that the vegetable plants require to produce crops.
- Your planting site must be **well drained and have easy access to water**. Amend your beds with lots of compost, Humax Soil Builder and expanded shale.
- You will need to **fertilize your vegetable garden regularly**. NHG Organic Herb & Veggie food is a great value!
- You will need to **mulch your beds**. 2"-3" of a good mulch will keep the roots at the right temperature, retain moisture and give your beds a finished look.
- You will need to allow yourself some daylight hours to **check for pests** in your garden. Have some pest issues? Bring in a sample of the damage and a buggie if you can capture it in a jar and we'll get you the right solution!
- Select plants that are **seasonally appropriate**. Check out [www.nhg.com](http://www.nhg.com) Garden Solutions page where you'll find a very helpful Vegetable Planting Dates list.

Your NHG garden advisors can help you select appropriate soil amendments, mulches, plants, fertilizers, and pest treatments for your vegetable garden. Try your hand at vegetables; it's fun and satisfying!



## Spring Bed Prep

~Kato Dixon, TCNP

Now is the perfect time of year to start prepping beds for Spring. Amending your soil with organic matter encourages healthy microbial activity, increases drainage and aeration, and improves the texture in our sticky, clay soil. Healthy soil leads to

stronger root systems of our plants. Applying a fresh layer of compost to our beds is the #1 way to enhance and rebuild the soil that supports our plants.

**Existing Beds:** Work in a 2" layer of cotton burr compost to existing beds each planting season to rejuvenate soil and stimulate microbial activity.

**New Beds:** Clear away any existing turf, then till in up to 6" of coarse compost. For especially sticky soil add expanded shale with your compost. It has the consistency of pea-gravel but is lighter weight and aids in aeration and breaking up compacted soil. Turn in 3" of expanded shale and 3" of compost into the top 6 inches of your native soil.

At least once a year, I also scatter lavasand and greensand on my beds to provide trace minerals that get locked up in our limestone and clay. Both help soil texture and root development and are excellent, high-energy soil amendments. Greensand contains potash, an essential nutrient required by plants that contributes to overall hardiness and good health. Lava Sand increases the water-holding capacity of the soil while separating heavy clay.

We carry a wide variety of composts, including those that are 'acidified'. Azaleas, camellias, dogwoods, Japanese maples and other acid-loving plants will benefit from acidified compost. *Investing in your soil today means a better future for your plants!*



## Vegetable Display Garden UPDATE

~Christine Hensley, TCNP

The next time you come visit us at NHG, don't miss our Vegetable Display Gardens, located behind the retail greenhouse. The Vegetable Display Garden is a fully organic visual tool for you to use to help you plan your own vegetable garden. We also offer multiple style ideas for different raised beds. From simple, economical cinder blocks to a more formal stone to traditional cedar. There is an inspiration for everyone! Cool-season vegetable plantings include broccoli, cauliflower, lettuce, onions, collards, radishes, snap peas, brussel sprouts, pac choi, radicchio, carrots, arugula, mustard, spinach, cabbage, Swiss chard, turnips, and kale. Our fall/winter herb selection includes germander, bay, parsley, cilantro, dill, lavender, thyme, mint, Mexican marigold, sage, pennyroyal, and fennel. Seasonal winter color rounds out the plantings; we have planted petunias, sweet peas, snapdragons, violas, ornamental kale and marigolds. The fall debut of the Vegetable Display Garden has been very successful; keep checking back as the seasons change to see what's new! Want to see pictures of our progress? Visit our *Edibles* page at [www.nhg.com](http://www.nhg.com). You'll find pictures of our gardens and an excellent article on building your raised beds.





## Start Your Seeds! ~Alison Swann

In February, we gardeners can do much more than gaze wistfully at the seed catalogs—or the seed racks at NORTH HAVEN GARDENS... We can PLANT!

Late in February, direct-seed endive, lettuce and other leafy greens like mustard, collards, Swiss chard into the garden we've prepared in the fall and turned in the winter. February is also a great time to prepare your vegetable beds for carrots by cultivating them and adding compost. Seed potatoes should be planted in hills and mulched. For more potato planting information, go to the edibles page at [www.nhg.com](http://www.nhg.com).

Indoors, it's time to start tomatoes and peppers from seed. Select from our heirloom and hybrid varieties. Peat pots, extra-fine seed soil, expanding peat tabs, seed starting kits, grow lights and seed greenhouses make the task easier. When seeds sprout, move them beneath bright lights. *We now carry the super easy Aerogarden! It is an indoor, simple-to-use hydroponic garden you can keep anywhere in your home. Come in to NORTH HAVEN GARDENS and check it out!*

**Tip:** Prep beds in fall and turn the soil again in winter. Turning up the garden while it is cold disrupts insect reproduction in the soil.

**Interested in more information?** Plan to attend one of 3 vegetable programs at NORTH HAVEN GARDENS on January 14th, 18th and 24th. Also, don't miss our new Vegetable Display Beds for more inspiration located behind the greenhouse.



## CONGRATULATIONS to Our '08 Pie Winners!

Congrats to Ann Rogers on her winning pie, Banana Split Pie, during our popular Fall Harvest Pie Contest! She won a \$100 gift card to NHG PLUS a \$50 gift card to Sevy's Restaurant. 2nd prize went to Debbie Tucker's Southern Comfort Apple Pie, 3rd prize went to Agatha Mill's Key Lime pie and honorable mention was Linda Haster's Pumpkin Chiffon Pie. The customer favorite was Sandi Charbeneau's Blueberry Banana Pie. All recipes are on the edibles page on [www.nhg.com](http://www.nhg.com).

Be sure to keep an eye out for all our culinary contests throughout 2009 including **Spring's Herb Salad Dressing Contest** and **Summer's Salsa Contest**. We always give out excellent prizes and everyone has fun tasting and comparing great recipes by customers like you!

## Now is the Time



### JANUARY

**Plant pre-chilled tulips and hyacinths** into the garden early in the month. Plant daffodils until mid-month.

Force **Paperwhites** indoors

**Transplant** existing trees and shrubs while they are dormant. Use root stimulator.

Add **mid-winter color:** pansies, viola and cyclamen.

**Start seeds** of broccoli, cabbage, cauliflower, lettuce, tomatoes, peppers and eggplant indoors mid-to later part of the month.

**Prepare vegetable gardens** with organic matter.

### FEBRUARY

**Start seeds** of broccoli, cabbage, cauliflower, lettuce, tomatoes, peppers, eggplant, Cucumber, squash, muskmelon, watermelon, herb and flower seeds indoors. Direct sow seeds of English and edible pod peas and lettuce outdoors.

**Plant potatoes and onion sets.** Plant transplants of broccoli, cabbage, carrots, chard, spinach, lettuce, tomatoes, asparagus crowns, grape vines and berry shrubs.

**Protect tender color,** perennials, flowering shrubs and young vegetable seedlings with frost cloth during severe cold spells. Water is critical immediately prior to hard freezes to lessen cold injury.

**Prepare beds for spring** planting by working in compost or other organic materials.

*Visit our website for more tips and information [www.nhg.com](http://www.nhg.com)*



# NORTH HAVEN Gardens

7700 Northaven Road, Dallas, TX 75230

214-363-5316 • [www.nhg.com](http://www.nhg.com)

## NOT SURE WHAT TO GET THE GARDENER IN YOUR LIFE?

North Haven Gardens Gift Cards make  
the perfect gift! Order online or in-store.



NORTH HAVEN  
Gardens



## Early Spring Color ~Kay Nelson, TCNP, Garden Coach and Don Miller

Cure your winter doldrums by adding these wonderful gems into your garden. January and February are excellent times to plant pansies and violas. But, have you thought about adding fresh greens and herbs, too? Both make excellent border plants and add texture and interest to empty areas of the sun garden. The ruffled, tender leaves of lettuce mixed in with your pansies and violas will give your garden a lush, green look. Plus, your garden is now edible! Don't feel like cooking? Just dash out to snip some lettuce for a healthy salad! Herbs are also perfect winter plants. Cilantro, parsley, fennel and dill thrive in cooler temperatures. Curly Parsley is especially wonderful as a border plant. Most herbs are unique as centerpieces in a winter container. You'll also save money by not having to buy bunches of herbs at the store only to have them spoil before you finish using them. For the best herb and vegetable garden success, be sure you are planting in an area that gets at least 6 hours of sun and has well drained soil. Feed with NHG Organic Herb and Veggie Food once a month. While you are feeding your veggies and herbs, feed your pansies, violas and other winter color. Offering a good fertilizer to all your plants will keep them healthy and blooming. For more great edible garden ideas, visit us in-store or our Edibles page online at [www.nhg.com](http://www.nhg.com).

## SOCIETY

MEETINGS  
at NORTH HAVEN GARDENS

*Does your club need a meeting space?  
NHG has a wonderful lecture room.  
Call 214-363-6715 ext: 326 for details.*

BEGONIA SOCIETY  
214-363-6715 ext 340  
Meets the fourth Sunday at 3pm

BONSAI SOCIETY  
972-754-9883  
Meets the first Saturday at 9:00am

DAYLILY GROWERS OF DALLAS  
972-669-0291  
Meets the third Saturday at 10am

FIRST MEN'S GARDEN CLUB OF DALLAS  
972-424-0724

HERB SOCIETY OF AMERICA  
972-881-9428  
Meets the fourth Saturday at 10:30am

IKEBANA CREATIONS  
Meets the 2nd & 4th Tuesday most months  
from 12:30pm-3:30pm  
Call Sue Smith 972-424-8516 for schedule

IRIS SOCIETY  
Meets the third Sunday at 3pm

NORTH TEXAS ORCHID SOCIETY  
Meets the first Sunday at 1:30

SOUTHWESTERN FERN SOCIETY  
214-691-4364  
Meets the second  
Sunday at 3pm

