



## Garden Safety Tips

Gardening can and should be a source of pleasure, relaxation and exercise. Unfortunately, there are many hazards that may result in nasty accidents and even injury, if caution and care are not observed.

North Haven Gardens wants you to have the most enjoyable and safest gardening experience possible. The following are suggested safety tips to help you be safe and successful in your garden:

### WHY ACCIDENTS HAPPEN

- **Taking shortcuts** – know the right tools for the job and how to use them.
- **Lack of planning and preparation** – have an idea what you want to accomplish.
- **Exceeding your physical limits** – don't try to tackle more than you can do. Take rest breaks when you need them.
- **General carelessness** – keep a clean work area. Don't leave tools and material lying around. Watch out for trip hazards.

### GENERAL SAFETY TIPS

- Don't leave sharp tools unattended. Lock the blades closed when not in use.
- Read the label on chemical and organic products. Keep them away from children.
- Wear safety equipment. Sturdy gloves, eye protection, and appropriate clothing are a must for safety.
- Match the size of the gardening tool handle to the size of your hand and the job.
- Keep tools sharp and clean.
- Use kneepads or foam pads to kneel on.
- When using electrical equipment, pay careful attention to the cord and connections at all times. Always wear goggles. Keep children at a safe distance.
- When using gas-powered equipment, never leave running while not in use. Always wear goggles. Keep children at a safe distance.
- When lifting heavy items, lift properly. Use your legs, not your back. Ask for help if you need it.
- Pace yourself. Don't attempt too much, too fast, especially in the heat.

By following these simple tips and using common sense, you are well on your way to enjoying time in your garden safely and successfully.

Complements of: North Haven Gardens, 7700 Northaven Rd, Dallas, TX 75230  
214-363-5316, Florist: 214-69916751, [www.nhg.com](http://www.nhg.com)